



FAMILY SERVICE ASSOCIATION  
OF TORONTO

**Attention Health/Immigration/Community Editors:**

**Media Alert – Tamil families face uphill battle in new country, says new report**

**Toronto, April 26, 2005** – The findings of the *Tamil Mental Health Project* will be released on **Friday, April 29, at 10:15 a.m. at the Scarborough Civic Centre, Council Chamber**. This report is the culmination of interviews with 1,600 Tamil men and women in the GTA assessing the factors affecting their mental health, including anxiety, depression, Post Traumatic Stress Disorder and perceived quality of life. The study identifies:

- the nature and extent of mental health issues in the Tamil community;
- service gaps in the areas of newcomer settlement and adaptation; and
- the need for language-specific, culturally appropriate services in the social service/mental health sector.

**Event:** Announcement of the Tamil Mental Health Project Findings

**When:** Friday, April 29, 2005, 10:15 a.m. to 11:00 a.m.

**Where:** Scarborough Civic Centre, Council Chamber  
150 Borough Drive

**Who:** Dr. Morton Beiser, Department of Psychiatry, University of Toronto  
Dr. Laura Simich, Culture Community and Health Studies, CAMH  
Mr. Abi Singam, Research Analyst, CAMH and University of Toronto

**Other:** Members of Tamil community will be on hand for media interviews

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**For further information:**

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Family Service Association of Toronto